



**Dr. Anitha C T**  
Associate Professor  
MBBS, MD, MPH

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**Areas of Interest:**

Maternal Child Health and Nutrition, Food Safety & security, Adolescent Health, Disease Epidemiology, Gender Issues, Public health education, research and practice

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Anitha C T obtained M.D. Community Medicine degree with distinction from the prestigious St. John's Medical College, Bangalore and Master's in Public Health degree (MPH) from University of South Florida, Tampa, USA. Her MBBS degree was from JSS Medical College, Mysore University, Karnataka.

**Academic recognitions/ awards/scholarships:**

- Recognized as National Resource Person, Grade – A National Institute of Rural Development & Panchayati Raj (NIRD&PI), National Rural Livelihoods Mission-NRLM (RC) in Food, Nutrition, Health and Water, Sanitation Hygiene (FNHW) theme. July 2017
- Awarded IUSSTF-PHFI research fellowship funded to research on 'One health approach towards food safety for prevention of foodborne diseases' by Department of Science and Technology, Government of India 2013-2014.
- Scholarship award for a paper 'Challenges in implementing competency based training curriculum for food safety regulators in India' at Food Safety Management 2012 Conference, Campden BRI, Chipping Campden on 20th June 2012
- Invited to present a paper 'Current Issues in Public Health and our role in controlling zoonotic diseases at Indo-US International Workshop on "Biosecurity and public health challenges in Veterinary Hospitals in India – Bridging the gap between human and animal health" on 7th March 2012 at Hyderabad.
- Received Australasia Leadership Award Fellowship (ALAF) to attend Certificate course in Advanced HIV prevention at University of Sydney, August-November 2011.
- Selected to present paper on 'Concentrated Epidemic: Approaches & Challenges in Different HIV Epidemic's Australasian HIV/AIDS Conference, 26 September 2011

- Scholarship award (partial) to present a paper on 'Barriers to Maternal Death Review' at Global Maternal Health Conference at New Delhi. October 2010
- Scholarship award to present a paper on 'Food hygiene and safety in India' at Asia Conference on Emerging Issues in Public Health. Hong Kong 2009
- Presented a paper on 'Postpartum period- A window of opportunity' at Asia Pacific Midwives Conference at Hyderabad. November 2009.

## Teaching:

Graduate level- Masters in Public Health (MPH) core courses

PU 401- Public health policy and management (PHPM)

PU 454- Environmental health, Work and Health Ethics

PU 501- Public Health Nutrition

PU 573- Maternal and Child Health (Elective)

## Publications:

- Manuscript titled Pills, Bills, Ills: Some advice for clients and paramedicals with prof. Mark Lindley. (Available at academia.edu)
- Prakash Babu Kodali, Anitha CT, and Swarajya Kopparty 'Understanding Hearing Impairment: A Shift towards Measuring Hearing Impairment in Terms of Social and Emotional Functioning'. Indian Journal of Gerontology 2016 Vol. 30 No. 3, Pg. 305
- Tanmay Singh Pathani, Shivali Sisodia, Rakesh Verma, Anitha C T, Gender Stereotyping of Women in Antarctica: The Mirror of Gendered World Ecosphere MYNSTICON-2015: Women Special Issue ISSN: 2454-325X. International Journal of Preventive, Curative and Community Medicine. 2015; 1(4)
- Prakash Babu Kodali, Anitha C T, Swarajya Kopparty 'Understanding Hearing Impairment in Individuals from a Perspective of Social and Emotional Functioning' Disability, CBR and Inclusive Development (DCID). Formerly Asia Pacific Disability Rehabilitation Journal. Vol 27, No 1 (2016)
- Deepak Kumar, Anitha Thippaiah, Suresh Kumar Kamalakannan Rehabilitation needs assessment among stroke patients in Andhra Pradesh. Indian Journal of Physical Therapy; Volume -3, Issue-1 (January-June 2015)
- Komal Preet Allagh, Anitha Thippaiah, BR Shamanna, Murthy GVS "Use of innovative teaching methods in obstetric care among final year nursing students in Hyderabad, India". Indian Journal of Continuing Nursing Education. March 2015
- Samiksha Singh, Gudlavalleti VS Murthy, Anitha Thippaiah, Sanjeev Upadhyaya, Murali Krishna, Rajan Shukla, Srikrishna S. R. "Community based Maternal Death Review:

Lessons learnt from ten districts in Andhra Pradesh, India" Journal of Maternal and Child Health. January 2015

- Anitha Thippaiah, Komal Preet Allagh, Murthy GVS 'Challenges in Developing Competency Based Training Curriculum for Food Safety Regulators in India' Indian Journal of Community Medicine. April - June 2014.
- Anitha Thippaiah and Gulrez Shah Azhar Hysterectomy and other "hard" software (sensitive) questions. Indian J Med Ethics. 2014 Apr 1;11(2):128-9
- Komal Preet Allagh, Anitha Thippaiah Developing training modules for nurses in safe motherhood Indian Journal of Public Health Research & Development. April - June 2012, Vol. 3, No. 2 Pg. 93-96.
- M. Rao, S. S. Ramachandra, S. Bandyopadhyay, A. Chandran, R. Shidhaye, S. Tamisettynarayana, A. Thippaiah, Sitamma M., M. Sunil George, V. Singh, S. Sivasankaran, S. I. Bangdiwala. Addressing healthcare needs of people living below the poverty line: A rapid assessment of the Andhra Pradesh health insurance scheme. The National Medical Journal of India vol. 24, no. 6, 2011 Pg. 335-340.
- Rao et al: A rapid evaluation of the Rajiv Aarogyasri community health insurance scheme in Andhra Pradesh, India BMC Proceedings 2012 6 (Supple 1): 04.
- Anitha Thippaiah, "Food Safety along with Food and Nutritional Security – the Need of the Hour" white paper for India Urban Conference, Mysore, India. Nov 2011.
- Anitha Thippaiah, Food Hygiene and Safety in India. Abstract book of Asia Conference on Emerging Issues in Public Health

### **Books:**

- Contributed to book chapter 1. 'Health status among the tribal community' 2. 'Nutrition status among the tribal community' and 3. 'Immunization coverage among the tribal children' in Andhra Pradesh' in the Source Book for Functionaries in Tribal areas for Government of Andhra Pradesh. May 2018
- Developed modules for e-Patashala sponsored by the Ministry of Human Resource Development and undertaken by the Tata Institute of Social Sciences on 1. Public Health Care in India 2. Communicable Disease and 3. Non-Communicable Diseases. 2017
- G.V.S. Murthy, Anitha Thippaiah, Samiksha Singh, 'Maternal Death Review in Andhra Pradesh: Standard Operating Procedures': Indian Institute of Public Health, Hyderabad. December 2012.
- M. Sitamma, Anitha Thippaiah, Smitha C. Amin, Komal P. Allagh, Christopher Suter, Sara Shackleton, Editors Book on Essentials of food hygiene (Levels 1-3 in Retail, catering & manufacturer)
- M. Sitamma, Anitha Thippaiah, Smitha C. Amin, Komal P. Allagh, Christopher Suter, Sara Shackleton, Editors. Book on Essentials of food hygiene (Levels 1) in Hindi, Telugu and Urdu

### **Presentations at International and National Conferences:**

- Invited as Resource Person for Orientation Programme for junior faculty from higher education institutes on 'Health and Nutrition' at UGC-Human Resource Development Cell (HRDC), Hyderabad, India 25<sup>th</sup> February 2019
- Smridhi Singh, Anitha Thippaiah "A study on Occupational Health and Safety of Street Vendors of Delhi and Hyderabad: A case for Universal Health Coverage" Poster presentation at Joint 14<sup>th</sup> WCB and 7<sup>th</sup> NBC, Bengaluru, India. 4-7 Dec 2018
- Presented paper titled 'A study to assess the availability and utilization of health and nutrition services in Anganwadi centres in Narnoor mandal of Adilabad District, Telangana' e-POSTER at the NIN Centenary International Conference. 11-13 Nov 2018.
- Invited as resource person for refresher course in Social Sciences to deliver a talk on 'Public Health and Nutrition in India' at HRDC Cell, University of Hyderabad on 18<sup>th</sup> August 2018.
- Presented at the Shastri Indo-Canadian Institute- India Conference "Why Sex and Gender Matters in Social Science and Health Research and Policy: Why Sex and Gender Matters: The Case of Diabetes Mellitus Type 2" 8-9<sup>th</sup> June 2018, New Delhi
- Invited as resource person for refresher course in Social Sciences to deliver a talk on 'Public Health and Nutrition in India' at HRDC Cell, University of Hyderabad on 18<sup>th</sup> August 2018
- Presented paper titled 'Study to assess dietary pattern among school going adolescents in Khammam district, Telangana state, India' at National Conference on Human Civilization and Dietary Practices organized by The Asian Centre for Cross-Cultural Studies (ACCCS) held on 22<sup>nd</sup> and 23<sup>rd</sup> of September, 2017 in Chennai.
- Invited as Resource Person at International Training Programme in Social Gerontology organized by International Institute on Ageing, United Nations - Malta (UN INIA) and International Longevity Centre – India In collaboration with The Tata Institute of Social Sciences 4-8 December 2017 at Hyderabad
- Plenary speaker at AUSHADH 2K17 at National conference on Pharmaco-economic shift and quality of life. Talk on Pharmaco-economic shift and quality of life – Public health perspective on 25<sup>th</sup> March 2017, VIPER, Narsapur, Medak district, Telangana, India.
- Invited talk on "Thinking Research Designs and Food Systems: National Perspectives and Nutritional Guidelines with a relevance to gender and equity with case examples of T2DM" at the Ministry of Human Resource Development (MHRD) scheme - Global initiative for academic networks (GIAN) Program titled: Gender and Equity in Type 2 Diabetes Mellitus. Moving Forward on Prevention and Control of Type 2 Diabetes with Gender and Equity Lens. University of Hyderabad, 23<sup>rd</sup> January 2017.
- Invited talk at the UGC – Human Resource Development Centre as a Resource Person for participants of Orientation Courses (batches of 94, 95, 96, 97, 98, 99<sup>th</sup>) on Food Security in India: Women and Children. University of Hyderabad, 2016 -2017.
- Invited talk on the Importance of Health and Hygiene and Balanced Diet in maintaining good health as part of Capacity Building course for staff nurses at Navodaya Leadership Institute, 18<sup>th</sup> January 2017
- Presented a paper titled 'Maternal Death Review- Using Verbal autopsy as a research tool'

at Dr. B.R. Ambedkar University of Social Sciences at Mhow, Indore, Madhya Pradesh on 6th September 2016.

- Presented paper on Social equality, women empowerment and Sustainable Development Goals at national seminar “Dr. B.R Ambedkar’s vision of economic development of India” sponsored by the ICSSR at School of Economics, University of Hyderabad. August 2016
- Delivered key note address at the Centre for Women's Studies, Kakatiya University during National seminar on "Food Security for women and children in India: Challenges and opportunities", Warangal, Telangana. 21<sup>st</sup> March 2016.
- “Assessment of 24-hrs Maternal and Child Health services at Primary Health Centers in Medak district of Telangana, India” at the First Mysore International Conference on Medical and Social Sciences organized by University of Mysore and MMC & RI, Mysore, India. 24<sup>th</sup> -27<sup>th</sup> November 2015
- “Gender Stereotyping of Women in Antarctica- The Mirror of Gendered World Ecosphere” by Tanmay Singh, Shivali Sisodia, Rakesh Verma, Anitha C T at the First Mysore International Conference on Medical and Social Sciences organized by University of Mysore and MMC & RI, Mysore, India. 24<sup>th</sup> -27<sup>th</sup> November 2015
- Oral presentation on “Challenges and proposed solutions to ensure food safety through the food regulatory workforce in India” at the National conference on Emerging issues in Environment, Occupational health and safety its National Scenario and Regional Needs at ROHC (S)-NIOH, Bangalore, 22<sup>nd</sup> -24<sup>th</sup> July 2015
- Invited lecture on “Public Health Nutrition and Food Safety Challenges facing 21<sup>st</sup> Century India” at Colorado School of Public Health, Anschutz Medical College, University of Colorado, Aurora, Co- USA on 8<sup>th</sup> January 2014.

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### **Trainings/ Short Course/ Workshops attended/ organised:**

- Chairperson ‘Data Analysis and SPSS package’ workshop on Research Methodology series-4 on "Literature Review & Data Analysis using SPSS" at University of Hyderabad, February 2019
- Aritra Leadership Accelerator Programme at Indian Institute of Management, Bangalore (IIMB) 2018-19, Bengaluru, India
- Attended the workshop EMBO Research Leadership Course held by the India Alliance at Hyderabad, 26-29 March 2018
- Organized two day National workshop on Institutional Ethics Committee and Good Clinical Practice sponsored by DST Purse, School of Medical Sciences, University of Hyderabad. 21<sup>st</sup> and 22<sup>nd</sup> September 2017
- Chaired the session on Impact of Gender Based Violence (GBV), Systems’ approach to preventive & promotive strategies during a seminar on GBV at University of Hyderabad on 5<sup>th</sup> December 2016
- “Research Methodology” workshop at University of Hyderabad, Hyderabad , 27<sup>th</sup> and 28<sup>th</sup> October 2016
- Invited member at the National workshop on mainstreaming the alternative: Community health and Public health education - needs, prospects & challenges. SOCHARA, Bangalore

4-5th October 2016

- Seminar on Implementation Research in Health Sciences - University of Hyderabad, Hyderabad, India. 11-12 November 2016
  - Two-week International Course in Nutrition Research Methods sponsored by the Bangalore Boston Nutrition Collaborative at St. John's Research Institute, Bangalore 4th –15th January 2016
  - Public health challenges in India- One health approach. Seminar organized at the C V Raman Auditorium, University of Hyderabad. 9th-10th January 2015
  - Attended National seminar on Food and Nutritional Security: Role of State", March 30-31, 2015 at School of Economics, University of Hyderabad.
  - Two Days programme on "Innovative Practices in e-Governance initiatives in different sectors" at Centre for Innovations in Public Systems, MCR HRD Hyderabad on 28th & 29th of November 2014
  - Workshop on Institutional Ethics Committee and IC SERT conducted at University of Hyderabad on 10th & 11th October 2014
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### **Reports/Documents:**

- Anitha Thippaiah, Mo Salman: Global Food Safety System- Comparison between developed and developing countries. Research undertaken at Colorado State University as part of IUSSTF-PHFI Fellowship, 2014
- Report on assessment of 24X7 primary health centers in Medak District of Andhra Pradesh. 2013
- Anitha Thippaiah, B R Shamanna, M Jayaram: School visit under the Sarva Shiksha Abhiyan in Andhra Pradesh, 2013
- Indian Institute of Public Health, Hyderabad: State Level Training for ANMs of Kasturiba Gandhi Balakrishna Vidyalyayas, 2013
- Anitha Thippaiah, Prakash Bhatia, Vijaya Kumar, Suchitra Murthy, Sreelaxmi: Study report of the committee constituted by the Government of Andhra Pradesh to study the preparatory steps taken to implement the Food Safety Act, 2006 in Maharashtra and Kerala. 2012
- Anitha Thippaiah, Samiksha Singh, Komal P Allagh, G.V.S. Murthy, Maternal Death Review Report – Submitted to UNICEF Jan 201